

## BRIEF ICF CORE SET for INFLAMMATORY BOWEL DISEASES

<b>BODY FUNCTIONS</b> = physiological functions of body systems (including psychological functions)	
<b>b130</b>	<b>Energy and drive functions</b> <b>General mental functions of physiological and psychological mechanisms that cause the individual to move towards satisfying specific needs and general goals in a persistent manner.</b> <i>Inclusions: functions of energy level, motivation, appetite, craving (including craving for substances that can be abused) and impulse control</i> <i>Exclusions: consciousness functions (b110); temperament and personality functions (b126); sleep functions (b134); psychomotor functions (b147); emotional functions (b152)</i>
<b>b134</b>	<b>Sleep functions</b> <b>General mental functions of periodic, reversible and selective physical and mental disengagement from one's immediate environment accompanied by characteristic physiological changes.</b> <i>Inclusions: functions of amount of sleeping, and onset, maintenance and quality of sleep; functions involving the sleep cycle, such as in insomnia, hypersomnia and narcolepsy</i> <i>Exclusions: consciousness functions (b110); energy and drive functions (b130); attention functions (b140); psychomotor functions (b147)</i>
<b>b152</b>	<b>Emotional functions</b> <b>Specific mental functions related to the feeling and affective components of the processes of the mind.</b> <i>Inclusions: functions of appropriateness of emotion, regulation and range of emotion; affect; sadness, happiness, love, fear, anger, hate, tension, anxiety, joy, sorrow; lability of emotion; flattening of affect</i> <i>Exclusions: temperament and personality functions (b126); energy and drive functions (b130)</i>
<b>b1801</b>	<b>Body image</b> <b>Specific mental functions related to the representation and awareness of one's body.</b> <i>Inclusion: impairments such as phantom limb and feeling too fat or too thin</i>
<b>b28012</b>	<b>Pain in stomach or abdomen</b> <b>Sensation of unpleasant feeling indicating potential or actual damage to some body structure felt in the stomach or abdomen.</b> <i>Inclusion: pain in the pelvic region</i>
<b>b515</b>	<b>Digestive functions</b> <b>Functions of transporting food through the gastrointestinal tract, breakdown of food and absorption of nutrients.</b> <i>Inclusions: functions of transport of food through the stomach, peristalsis; breakdown of food, enzyme production and action in stomach and intestines; absorption of nutrients and tolerance to food; impairments such as in hyperacidity of stomach, malabsorption, intolerance to food, hypermotility of intestines, intestinal paralysis, intestinal obstruction and decreased bile production</i> <i>Exclusions: ingestion functions (b510); assimilation functions (b520); defecation functions (b525); sensations associated with the digestive system (b535)</i>
<b>b525</b>	<b>Defecation functions</b> <b>Functions of elimination of wastes and undigested food as faeces and related functions.</b> <i>Inclusions: functions of elimination, faecal consistency, frequency of defecation; faecal continence, flatulence; impairments such as constipation, diarrhoea, watery stool and anal sphincter incompetence or incontinence</i> <i>Exclusions: digestive functions (b515); assimilation functions (b520); sensations associated with the digestive system (b535)</i>

**BODY STRUCTURES**

= anatomical parts of the body such as organs, limbs and their components

<b>s540</b>	<b>Structure of intestine</b>
<b>s770</b>	<b>Additional musculoskeletal structures related to movement</b>

<b>ACTIVITIES AND PARTICIPATION</b>	
= execution of a task or action by an individual and involvement in a life situation	
<b>d5301</b>	<b>Regulating defecation</b>
	Coordinating and managing defecation such as by indicating need, getting into the proper position, choosing and getting to an appropriate place for defecation, manipulating clothing before and after defecation, and cleaning oneself after defecation.
<b>d570</b>	<b>Looking after one's health</b>
	Ensuring physical comfort, health and physical and mental well-being, such as by maintaining a balanced diet, and an appropriate level of physical activity, keeping warm or cool, avoiding harms to health, following safe sex practices, including using condoms, getting immunizations and regular physical examinations. <i>Inclusions: ensuring one's physical comfort; managing diet and fitness; maintaining one's health</i>
<b>d7</b>	<b>Interpersonal interactions and relationships</b>
	This chapter is about carrying out the actions and tasks required for basic and complex interactions with people (strangers, friends, relatives, family members and lovers) in a contextually and socially appropriate manner.
<b>d810-d839</b>	<b>Education</b>
<b>d840-d859</b>	<b>Work and employment</b>

**ENVIRONMENTAL FACTORS**

= make up the physical, social and attitudinal environment in which people live and conduct their lives

<b>e110</b>	<b>Products or substances for personal consumption</b>
	Any natural or human-made object or substance gathered, processed or manufactured for ingestion. <i>Inclusions: food and drugs</i>
<b>e310</b>	<b>Immediate family</b>
	Individuals related by birth, marriage or other relationship recognized by the culture as immediate family, such as spouses, partners, parents, siblings, children, foster parents, adoptive parents and grandparents. <i>Exclusions: extended family (e315); personal care providers and personal assistants (e340)</i>
<b>e355</b>	<b>Health professionals</b>
	All service providers working within the context of the health system, such as doctors, nurses, physiotherapists, occupational therapists, speech therapists, audiologists, orthotist-prosthetists, medical social workers. <i>Exclusion: other professionals (e360)</i>
<b>e570</b>	<b>Social security services, systems and policies</b>
	Services, systems and policies aimed at providing income support to people who because of age, poverty, unemployment, health condition or disability require public assistance that is funded either by general tax revenues or contributory schemes. <i>Exclusion: economic services, systems and policies (e565)</i>
<b>e580</b>	<b>Health services, systems and policies</b>
	Services, systems and policies for preventing and treating health problems, providing medical rehabilitation and promoting a healthy lifestyle. <i>Exclusion: general social support services, systems and policies (e575)</i>