

COMPREHENSIVE ICF CORE SET FOR DEPRESSION

BODY FUNCTIONS = physiological functions of body systems (including psychological functions)	
b117	Intellectual functions
	General mental functions, required to understand and constructively integrate the various mental functions, including all cognitive functions and their development over the life span. <i>Inclusions: functions of intellectual growth; intellectual retardation, mental retardation, dementia</i> <i>Exclusions: memory functions (b144); thought functions (b160); higher-level cognitive functions (b164)</i>
b126	Temperament and personality functions
	General mental functions of constitutional disposition of the individual to react in a particular way to situations, including the set of mental characteristics that makes the individual distinct from others. <i>Inclusions: functions of extraversion, introversion, agreeableness, conscientiousness, psychic and emotional stability, and openness to experience; optimism; novelty seeking; confidence; trustworthiness</i> <i>Exclusions: intellectual functions (b117); energy and drive functions (b130); psychomotor functions (b147); emotional functions (b152)</i>
b1260	Extraversion
	Mental functions that produce a personal disposition that is outgoing, sociable and demonstrative, as contrasted to being shy, restricted and inhibited.
b1261	Agreeableness
	Mental functions that produce a personal disposition that is cooperative, amicable and accommodating, as contrasted to being unfriendly, oppositional and defiant.
b1262	Conscientiousness
	Mental functions that produce personal dispositions such as in being hard-working, methodical and scrupulous, as contrasted to mental functions producing dispositions such as in being lazy, unreliable and irresponsible.
b1263	Psychic stability
	Mental functions that produce a personal disposition that is even-tempered, calm and composed, as contrasted to being irritable, worried, erratic and moody.
b1265	Optimism
	Mental functions that produce a personal disposition that is cheerful, buoyant and hopeful, as contrasted to being downhearted, gloomy and despairing.
b1266	Confidence
	Mental functions that produce a personal disposition that is self-assured, bold and assertive, as contrasted to being timid, insecure and self-effacing.
b130	Energy and drive functions
	General mental functions of physiological and psychological mechanisms that cause the individual to move towards satisfying specific needs and general goals in a persistent manner. <i>Inclusions: functions of energy level, motivation, appetite, craving (including craving for substances that can be abused, and impulse control</i> <i>Exclusions: consciousness functions (b110); temperament and personality functions (b126); sleep functions (b134); psychomotor functions (b147); emotional functions (b152)</i>
b1300	Energy level
	Mental functions that produce vigour and stamina.
b1301	Motivation
	Mental functions that produce the incentive to act; the conscious or unconscious driving force for action.
b1302	Appetite
	Mental functions that produce a natural longing or desire, especially the natural and recurring desire for food and drink.
b1304	Impulse control
	Mental functions that regulate and resist sudden intense urges to do something.
b134	Sleep functions
	General mental functions of periodic, reversible and selective physical and mental disengagement from one's immediate environment accompanied by characteristic physiological changes. <i>Inclusions: functions of amount of sleeping, and onset, maintenance and quality of sleep; functions involving the sleep cycle, such as in insomnia, hypersomnia and narcolepsy</i> <i>Exclusions: consciousness functions (b110); energy and drive functions (b130); attention functions (b140); psychomotor functions (b147)</i>
b1340	Amount of sleep
	Mental functions involved in the time spent in the state of sleep in the diurnal cycle or circadian rhythm.

b1341	Onset of sleep
	Mental functions that produce the transition between wakefulness and sleep.
b1342	Maintenance of sleep
	Mental functions that sustain the state of being asleep.
b1343	Quality of sleep
	Mental functions that produce the natural sleep leading to optimal physical and mental rest and relaxation.
b1344	Functions involving the sleep cycle
	Mental functions that produce rapid eye movement (REM) sleep (associated with dreaming) and non-rapid eye movement sleep (NREM) (characterized by the traditional concept of sleep as a time of decreased physiological and psychological activity).
b140	Attention functions
	Specific mental functions of focusing on an external stimulus or internal experience for the required period of time. <i>Inclusions: functions of sustaining attention, shifting attention, dividing attention, sharing attention; concentration; distractibility</i> <i>Exclusions: consciousness functions (b110); energy and drive functions (b130); sleep functions (b134); memory functions (b144); psychomotor functions (b147); perceptual functions (b156)</i>
b144	Memory functions
	Specific mental functions of registering and storing information and retrieving it as needed. <i>Inclusions: functions of short-term and long-term memory, immediate, recent and remote memory; memory span; retrieval of memory; remembering; functions used in recalling and learning, such as in nominal, selective and dissociative amnesia</i> <i>Exclusions: consciousness functions (b110); orientation functions (b114); intellectual functions (b117); attention functions (b140); perceptual functions (b156); thought functions (b160); higher-level cognitive functions (b164); mental functions of language (b167); calculation functions (b172)</i>
b147	Psychomotor functions
	Specific mental functions of control over both motor and psychological events at the body level. <i>Inclusions: functions of psychomotor control, such as psychomotor retardation, excitement and agitation, posturing, catatonia, negativism, ambitendency, echopraxia and echolalia; quality of psychomotor function</i> <i>Exclusions: consciousness functions (b110); orientation functions (b114); intellectual functions (b117); energy and drive functions (b130); attention functions (b140); mental functions of language (b167); mental functions of sequencing complex movements (b176)</i>
b152	Emotional functions
	Specific mental functions related to the feeling and affective components of the processes of the mind. <i>Inclusions: functions of appropriateness of emotion, regulation and range of emotion; affect; sadness, happiness, love, fear, anger, hate, tension, anxiety, joy, sorrow; lability of emotion; flattening of affect</i> <i>Exclusions: temperament and personality functions (b126); energy and drive functions (b130)</i>
b1520	Appropriateness of emotion
	Mental functions that produce congruence of feeling or affect with the situation, such as happiness at receiving good news.
b1521	Regulation of emotion
	Mental functions that control the experience and display of affect.
b1522	Range of motion
	Mental functions that produce the spectrum of experience of arousal of affect or feelings such as love, hate, anxiousness, sorrow, joy, fear and anger.
b160	Thought functions
	Specific mental functions related to the ideational component of the mind. <i>Inclusions: functions of pace, form, control and content of thought; goaldirected thought functions, non-goal directed thought functions; logical thought functions, such as pressure of thought, flight of ideas, thought block, incoherence of thought, tangentiality, circumstantiality, delusions, obsessions and compulsions</i> <i>Exclusions: intellectual functions (b117); memory functions (b144); psychomotor functions (b147); perceptual functions (b156); higher-level cognitive functions (b164); mental functions of language (b167); calculation functions (b172)</i>
b1600	Pace of thought
	Mental functions that govern speed of the thinking process.
b1601	Form of thought
	Mental functions that organize the thinking process as to its coherence and logic. <i>Inclusions: impairments of ideational perseveration, tangentiality and circumstantiality</i>
b1602	Content of thought
	Mental functions consisting of the ideas that are present in the thinking process and what is being conceptualized. <i>Inclusions: impairments of delusions, overvalued ideas and somatization</i>

b1603	Control of thought
	Mental functions that provide volitional control of thinking and are recognized as such by the person. <i>Inclusions: impairments of rumination, obsession, thought broadcast and thought insertion</i>
b164	Higher-level cognitive functions
	Specific mental functions especially dependent on the frontal lobes of the brain, including complex goal-directed behaviours such as decision-making, abstract thinking, planning and carrying out plans, mental flexibility, and deciding which behaviours are appropriate under what circumstances; often called executive functions. <i>Inclusions: functions of abstraction and organization of ideas; time management, insight and judgement; concept formation, categorization and cognitive flexibility</i> <i>Exclusions: memory functions (b144); thought functions (b160); mental functions of language (b167); calculation functions (b172)</i>
b1641	Organization and planning
	Mental functions of coordinating parts into a whole, of systematizing; the mental function involved in developing a method of proceeding or acting.
b1642	Time management
	Mental functions of ordering events in chronological sequence, allocating amounts of time to events and activities.
b1644	Insight
	Mental functions of awareness and understanding of oneself and one's behaviour.
b1645	Judgement
	Mental functions involved in discriminating between and evaluating different options, such as those involved in forming an opinion.
b180	Experience of self and time functions
	Specific mental functions related to the awareness of one's identity, one's body, one's position in the reality of one's environment and of time. <i>Inclusions: functions of experience of self, body image and time</i>
b1800	Experience of self
	Specific mental functions of being aware of one's own identity and one's position in the reality of the environment around oneself. <i>Inclusion: impairments such as depersonalization and derealization</i>
b1801	Body image
	Specific mental functions related to the representation and awareness of one's body. <i>Inclusion: impairments such as phantom limb and feeling too fat or too thin</i>
b280	Sensation of pain
	Sensation of unpleasant feeling indicating potential or actual damage to some body structure. <i>Inclusions: sensations of generalized or localized pain in one or more body part, pain in a dermatome, stabbing pain, burning pain, dull pain, aching pain; impairments such as myalgia, analgesia and hyperalgesia</i>
b460	Sensations associated with cardiovascular and respiratory functions
	Sensations such as missing a heart beat, palpitation and shortness of breath. <i>Inclusions: sensations of tightness of chest, feelings of irregular beat, dyspnoea, air hunger, choking, gagging and wheezing</i> <i>Exclusion: sensation of pain (b280)</i>
b530	Weight maintenance functions
	Functions of maintaining appropriate body weight, including weight gain during the developmental period. <i>Inclusions: functions of maintenance of acceptable Body Mass Index (BMI); impairments such as underweight, cachexia, wasting, overweight, emaciation and such as in primary and secondary obesity</i> <i>Exclusions: assimilation functions (b520); general metabolic functions (b540); endocrine gland functions (b555)</i>
b535	Sensations associated with the digestive system
	Sensations arising from eating, drinking and related digestive functions. <i>Inclusions: sensations of nausea, feeling bloated, and the feeling of abdominal cramps, fullness of stomach, globus feeling, spasm of stomach, gas in stomach and heartburn</i> <i>Exclusions: sensation of pain (b280); ingestion functions (b510); digestive functions (b515); defecation functions (b525)</i>
b640	Sexual functions
	Mental and physical functions related to the sexual act, including the arousal, preparatory, orgasmic and resolution stages. <i>Inclusions: functions of the sexual arousal, preparatory, orgasmic and resolution phase: functions related to sexual interest, performance, penile erection, clitoral erection, vaginal lubrication, ejaculation, orgasm; impairments such as in impotence, frigidity, vaginismus, premature ejaculation, priapism and delayed ejaculation</i> <i>Exclusions: procreation functions (b660); sensations associated with genital and reproductive functions (b670)</i>
b780	Sensations related to muscles and movement functions
	Sensations associated with the muscles or muscle groups of the body and their movement. <i>Inclusions: sensations of muscle stiffness and tightness of muscles, muscle spasm or constriction, and heaviness of muscles</i> <i>Exclusion: sensation of pain (b280)</i>

ACTIVITIES AND PARTICIPATION	
= execution of a task or action by an individual and involvement in a life situation	
d110	Watching
	Using the sense of seeing intentionally to experience visual stimuli, such as watching a sporting event or children playing.
d115	Listening
	Using the sense of hearing intentionally to experience auditory stimuli, such as listening to a radio, music or a lecture.
d163	Thinking
	Formulating and manipulating ideas, concepts, and images, whether goal-oriented or not, either alone or with others, such as creating fiction, proving a theorem, playing with ideas, brainstorming, meditating, pondering, speculating, or reflecting. <i>Exclusions: solving problems (d175); making decisions (d177)</i>
d166	Reading
	Performing activities involved in the comprehension and interpretation of written language (e.g. books, instructions or newspapers in text or Braille), for the purpose of obtaining general knowledge or specific information. <i>Exclusion: learning to read (d140)</i>
d175	Solving problems
	Finding solutions to questions or situations by identifying and analysing issues, developing options and solutions, evaluating potential effects of solutions, and executing a chosen solution, such as in resolving a dispute between two people. <i>Inclusions: solving simple and complex problems</i> <i>Exclusions: thinking (d163); making decisions (d177)</i>
d177	Making decisions
	Making a choice among options, implementing the choice, and evaluating the effects of the choice, such as selecting and purchasing a specific item, or deciding to undertake and undertaking one task from among several tasks that need to be done. <i>Exclusions: thinking (d163); solving problems (d175)</i>
d210	Undertaking a single task
	Carrying out simple or complex and coordinated actions related to the mental and physical components of a single task, such as initiating a task, organizing time, space and materials for a task, pacing task performance, and carrying out, completing and sustaining a task. <i>Inclusions: undertaking a simple or complex task; undertaking a single task independently or in a group</i> <i>Exclusions: acquiring skills (d155); solving problems (d175); making decisions (d177); undertaking multiple tasks (d220)</i>
d220	Undertaking multiple tasks
	Carrying out simple or complex and coordinated actions as components of multiple, integrated and complex tasks in sequence or simultaneously. <i>Inclusions: undertaking multiple tasks; completing multiple tasks; undertaking multiple tasks independently and in a group</i> <i>Exclusions: acquiring skills (d155); solving problems (d175); making decisions (d177); undertaking a single task (d210)</i>
d230	Carrying out daily routine
	Carrying out simple or complex and coordinated actions in order to plan, manage and complete the requirements of day-to-day procedures or duties, such as budgeting time and making plans for separate activities throughout the day. <i>Inclusions: managing and completing the daily routine; managing one's own activity level</i> <i>Exclusion: undertaking multiple tasks (d220)</i>
d2301	Managing daily routine
	Carrying out simple or complex and coordinated actions in order to plan and manage the requirements of day-to-day procedures or duties.
d2302	Completing the daily routine
	Carrying out simple or complex and coordinated actions in order to complete the requirements of day-to-day procedures or duties.
d2303	Managing one's own activity level
	Carrying out actions and behaviours to arrange the requirements in energy and time day-to-day procedures or duties.
d240	Handling stress and other psychological demands
	Carrying out simple or complex and coordinated actions to manage and control the psychological demands required to carry out tasks demanding significant responsibilities and involving stress, distraction or crises, such as driving a vehicle during heavy traffic or taking care of many children. <i>Inclusions: handling responsibilities; handling stress and crisis</i>
d310	Communicating with - receiving - spoken messages
	Comprehending literal and implied meanings of messages in spoken language, such as understanding that a statement asserts a fact or is an idiomatic expression.

d315	Communicating with - receiving - nonverbal messages
	Comprehending the literal and implied meanings of messages conveyed by gestures, symbols and drawings, such as realizing that a child is tired when she rubs her eyes or that a warning bell means that there is a fire. <i>Inclusions: communicating with - receiving - body gestures, general signs and symbols, drawings and photographs</i>
d330	Speaking
	Producing words, phrases and longer passages in spoken messages with literal and implied meaning, such as expressing a fact or telling a story in oral language
d335	Producing nonverbal messages
	Using gestures, symbols and drawings to convey messages, such as shaking one's head to indicate disagreement or drawing a picture or diagram to convey a fact or complex idea. <i>Inclusion: producing body gestures, signs, symbols, drawings and photographs</i>
d350	Conversation
	Starting, sustaining and ending an interchange of thoughts and ideas, carried out by means of spoken, written, sign or other forms of language, with one or more people one knows or who are strangers, in formal or casual settings. <i>Inclusions: starting, sustaining and ending a conversation; conversing with one or many people</i>
d355	Discussion
	Starting, sustaining and ending an examination of a matter, with arguments for or against, or debate carried out by means of spoken, written, sign or other forms of language, with one or more people one knows or who are strangers, in formal or casual settings. <i>Inclusion: discussion with one person or many people</i>
d470	Using transportation
	Using transportation to move around as a passenger, such as being driven in a car or on a bus, rickshaw, jitney, animal-powered vehicle, or private or public taxi, bus, train, tram, subway, boat or aircraft. <i>Inclusions: using human-powered transportation; using private motorized or public transportation</i> <i>Exclusions: moving around using equipment (d465); driving (d475)</i>
d475	Driving
	Being in control of and moving a vehicle or the animal that draws it, travelling under one's own direction or having at one's disposal any form of transportation, such as a car, bicycle, boat or animal-powered vehicle. <i>Inclusions: driving human-powered transportation, motorized vehicles, animal-powered vehicles</i> <i>Exclusions: moving around using equipment (d465); using transportation (d470)</i>
d510	Washing oneself
	Washing and drying one's whole body, or body parts, using water and appropriate cleaning and drying materials or methods, such as bathing, showering, washing hands and feet, face and hair, and drying with a towel. <i>Inclusions: washing body parts, the whole body; and drying oneself</i> <i>Exclusions: caring for body parts (d520); toileting (d530)</i>
d520	Caring for body parts
	Looking after those parts of the body, such as skin, face, teeth, scalp, nails and genitals, that require more than washing and drying. <i>Inclusions: caring for skin, teeth, hair, finger and toe nails</i> <i>Exclusions: washing oneself (d510); toileting (d530)</i>
d540	Dressing
	Carrying out the coordinated actions and tasks of putting on and taking off clothes and footwear in sequence and in keeping with climatic and social conditions, such as by putting on, adjusting and removing shirts, skirts, blouses, pants, undergarments, saris, kimono, tights, hats, gloves, coats, shoes, boots, sandals and slippers. <i>Inclusions: putting on or taking off clothes and footwear and choosing appropriate clothing</i>
d550	Eating
	Carrying out the coordinated tasks and actions of eating food that has been served, bringing it to the mouth and consuming it in culturally acceptable ways, cutting or breaking food into pieces, opening bottles and cans, using eating implements, having meals, feasting or dining. <i>Exclusion: drinking (d560)</i>
d560	Drinking
	Taking hold of a drink, bringing it to the mouth, and consuming the drink in culturally acceptable ways, mixing, stirring and pouring liquids for drinking, opening bottles and cans, drinking through a straw or drinking running water such as from a tap or a spring; feeding from the breast. <i>Exclusion: eating (d550)</i>
d570	Looking after one's health
	Ensuring physical comfort, health and physical and mental well-being, such as by maintaining a balanced diet, and an appropriate level of physical activity, keeping warm or cool, avoiding harms to health, following safe sex practices, including using condoms, getting immunizations and regular physical examinations. <i>Inclusions: ensuring one's physical comfort; managing diet and fitness; maintaining one's health</i>

d620	Acquisition of goods and services
	<p>Selecting, procuring and transporting all goods and services required for daily living, such as selecting, procuring, transporting and storing food, drink, clothing, cleaning materials, fuel, household items, utensils, cooking ware, domestic appliances and tools; procuring utilities and other household services.</p> <p><i>Inclusions: shopping and gathering daily necessities</i></p> <p><i>Exclusion: acquiring a place to live (d610)</i></p>
d630	Preparing meals
	<p>Planning, organizing, cooking and serving simple and complex meals for oneself and others, such as by making a menu, selecting edible food and drink, getting together ingredients for preparing meals, cooking with heat and preparing cold foods and drinks, and serving the food.</p> <p><i>Inclusions: preparing simple and complex meals</i></p> <p><i>Exclusions: eating (d550); drinking (d560); acquisition of goods and services (d620); doing housework (d640); caring for household objects (d650); caring for others (d660)</i></p>
d640	Doing housework
	<p>Managing a household by cleaning the house, washing clothes, using household appliances, storing food and disposing of garbage, such as by sweeping, mopping, washing counters, walls and other surfaces; collecting and disposing of household garbage; tidying rooms, closets and drawers; collecting, washing, drying, folding and ironing clothes; cleaning footwear; using brooms, brushes and vacuum cleaners; using washing machines, driers and irons.</p> <p><i>Inclusions: washing and drying clothes and garments; cleaning cooking area and utensils; cleaning living area; using household appliances, storing daily necessities and disposing of garbage</i></p> <p><i>Exclusions: acquiring a place to live (d610); acquisition of goods and services (d620); preparing meals (d630); caring for household objects (d650); caring for others (d660)</i></p>
d650	Caring for household objects
	<p>Maintaining and repairing household and other personal objects, including house and contents, clothes, vehicles and assistive devices, and caring for plants and animals, such as painting or wallpapering rooms, fixing furniture, repairing plumbing, ensuring the proper working order of vehicles, watering plants, grooming and feeding pets and domestic animals.</p> <p><i>Inclusions: making and repairing clothes; maintaining dwelling, furnishings and domestic appliances; maintaining vehicles; maintaining assistive devices; taking care of plants (indoor and outdoor) and animals</i></p> <p><i>Exclusions: acquiring a place to live (d610); acquisition of goods and services (d620); doing housework (d640); caring for others (d660); remunerative employment (d850)</i></p>
d660	Assisting others
	<p>Assisting household members and others with their learning, communicating, self-care, movement, within the house or outside; being concerned about the well-being of household members and others.</p> <p><i>Inclusions: assisting others with self-care, movement, communication, interpersonal relations, nutrition and health maintenance</i></p> <p><i>Exclusion: remunerative employment (d850)</i></p>
d710	Basic interpersonal interactions
	<p>Interacting with people in a contextually and socially appropriate manner, such as by showing consideration and esteem when appropriate, or responding to the feelings of others.</p> <p><i>Inclusions: showing respect, warmth, appreciation, and tolerance in relationships; responding to criticism and social cues in relationships; and using appropriate physical contact in relationships</i></p>
d720	Complex interpersonal interactions
	<p>Maintaining and managing interactions with other people, in a contextually and socially appropriate manner, such as by regulating emotions and impulses, controlling verbal and physical aggression, acting independently in social interactions and acting in accordance with social rules and conventions.</p> <p><i>Inclusions: forming and terminating relationships; regulating behaviours within interactions; interacting according to social rules; and maintaining social space</i></p>
d730	Relating with strangers
	Engaging in temporary contacts and links with strangers for specific purposes, such as when asking for directions or making a purchase.
d750	Informal social relationships
	<p>Entering into relationships with others, such as casual relationships with people living in the same community or residence, or with co-workers, students, playmates or people with similar backgrounds or professions.</p> <p><i>Inclusions: informal relationships with friends, neighbours, acquaintances, co-inhabitants and peers</i></p>
d760	Family relationships
	<p>Creating and maintaining kinship relationships, such as with members of the nuclear family, extended family, foster and adopted family and step-relationships, more distant relationships such as second cousins or legal guardians.</p> <p><i>Inclusions: parent-child and child-parent relationships, sibling and extended family relationships</i></p>
d770	Intimate relationships
	<p>Creating and maintaining close or romantic relationships between individuals, such as husband and wife, lovers or sexual partners.</p> <p><i>Inclusions: romantic, spousal and sexual relationships</i></p>

d830	Higher education
	Engaging in the activities of advanced educational programmes in universities, colleges and professional schools and learning all aspects of the curriculum required for degrees, diplomas, certificates and other accreditations, such as completing a university bachelor's or master's course of study, medical school or other professional school.
d845	Acquiring, keeping and terminating a job
	Seeking, finding and choosing employment, being hired and accepting employment, maintaining and advancing through a job, trade, occupation or profession, and leaving a job in an appropriate manner. <i>Inclusions: seeking employment; preparing a resume or curriculum vitae; contacting employers and preparing interviews; maintaining a job; monitoring one's own work performance; giving notice; and terminating a job</i>
d850	Remunerative employment
	Engaging in all aspects of work, as an occupation, trade, profession or other form of employment, for payment, as an employee, full or part time, or self-employed, such as seeking employment and getting a job, doing the required tasks of the job, attending work on time as required, supervising other workers or being supervised, and performing required tasks alone or in groups. <i>Inclusions: self-employment, part-time and full-time employment</i>
d860	Basic economic transactions
	Engaging in any form of simple economic transaction, such as using money to purchase food or bartering, exchanging goods or services; or saving money.
d865	Complex economic transactions
	Engaging in any form of complex economic transaction that involves the exchange of capital or property, and the creation of profit or economic value, such as buying a business, factory or equipment, maintaining a bank account or trading in commodities.
d870	Economic self-sufficiency
	Having command over economic resources, from private or public sources, in order to ensure economic security for present and future needs. <i>Inclusions: personal economic resources and public economic entitlements</i>
d910	Community life
	Engaging in all aspects of community social life, such as engaging in charitable organizations, service clubs or professional social organizations. <i>Inclusions: informal and formal associations; ceremonies Exclusions: non-remunerative employment (d855); recreation and leisure (d920); religion and spirituality (d930); political life and citizenship (d950)</i>
d920	Recreation and leisure
	Engaging in any form of play, recreational or leisure activity, such as informal or organized play and sports, programmes of physical fitness, relaxation, amusement or diversion, going to art galleries, museums, cinemas or theatres; engaging in crafts or hobbies, reading for enjoyment, playing musical instruments; sightseeing, tourism and travelling for pleasure. <i>Inclusions: play, sports, arts and culture, crafts, hobbies and socializing</i> <i>Exclusions: riding animals for transportation (d480); remunerative and non-remunerative work (d850 and d855); religion and spirituality (d930); political life and citizenship (d950)</i>
d930	Religion and spirituality
	Engaging in religious or spiritual activities, organizations and practices for self-fulfilment, finding meaning, religious or spiritual value and establishing connection with a divine power, such as is involved in attending a church, temple, mosque or synagogue, praying or chanting for a religious purpose, and spiritual contemplation. <i>Inclusions: organized religion and spirituality</i>
d950	Political life and citizenship
	Engaging in the social, political and governmental life of a citizen, having legal status as a citizen and enjoying the rights, protections, privileges and duties associated with that role, such as the right to vote and run for political office, to form political associations; enjoying the rights and freedoms associated with citizenship (e.g. the rights of freedom of speech, association, religion, protection against unreasonable search and seizure, the right to counsel, to a trial and other legal rights and protection against discrimination); having legal standing as a citizen. <i>Exclusion: human rights (d940)</i>

ENVIRONMENTAL FACTORS	
= make up the physical, social and attitudinal environment in which people live and conduct their lives	
e1101	Drugs
	Any natural or human-made object or substance gathered, processed or manufactured for medicinal purposes, such as allopathic and naturopathic medication.
e165	Assets
	Products or objects of economic exchange such as money, goods, property and other valuables that an individual owns or of which he or she has rights of use. <i>Inclusions: tangible and intangible products and goods, financial assets</i>
e225	Climate
	Meteorological features and events, such as the weather. <i>Inclusions: temperature, humidity, atmospheric pressure, precipitation, wind and seasonal variations</i>
e240	Light
	Electromagnetic radiation by which things are made visible by either sunlight or artificial lighting (e.g. candles, oil or paraffin lamps, fires and electricity), and which may provide useful or distracting information about the world. <i>Inclusions: light intensity; light quality; colour contrasts</i>
e245	Time-related changes
	Natural, regular or predictable temporal change. <i>Inclusions: day/night and lunar cycles</i>
e250	Sound
	A phenomenon that is or may be heard, such as banging, ringing, thumping, singing, whistling, yelling or buzzing, in any volume, timbre or tone, and that may provide useful or distracting information about the world. <i>Inclusions: sound intensity; sound quality</i>
e310	Immediate family
	Individuals related by birth, marriage or other relationship recognized by the culture as immediate family, such as spouses, partners, parents, siblings, children, foster parents, adoptive parents and grandparents. <i>Exclusions: extended family (e315); personal care providers and personal assistants (e340)</i>
e320	Friends
	Individuals who are close and ongoing participants in relationships characterized by trust and mutual support.
e325	Acquaintances, peers, colleagues, neighbours and community members
	Individuals who are familiar to each other as acquaintances, peers, colleagues, neighbours and community members, in situations of work, school, recreation or other aspects of life, and who share demographic features such as age, gender, religious creed or ethnicity or pursue common interests. <i>Exclusions: associations and organizational services (e5550)</i>
e330	People in position of authority
	Individuals who have decision-making responsibilities for others and who have socially defined influence or power based on their social, economic, cultural or religious roles in society, such as teachers, employers, supervisors, religious leaders, substitute decision-makers, guardians or trustees.
e340	Personal care providers and personal assistants
	Individuals who provide services as required to support individuals in their daily activities and maintenance of performance at work, education or other life situation, provided either through public or private funds, or else on a voluntary basis, such as providers of support for home-making and maintenance, personal assistants, transport assistants, paid help, nannies and others who function as primary caregivers. <i>Exclusions: immediate family (e310); extended family (e315); friends (e320); general social support services (e5750); health professionals (e355)</i>
e355	Health professionals
	All service providers working within the context of the health system, such as doctors, nurses, physiotherapists, occupational therapists, speech therapists, audiologists, orthotist-prosthetists, medical social workers. <i>Exclusion: other professionals (e360)</i>
e360	Other professionals
	All service providers working outside the health system, including lawyers, social workers, teachers, architects and designers. <i>Exclusion: health professionals (e355)</i>
e410	Individual attitudes of immediate family members
	General or specific opinions and beliefs of immediate family members about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e415	Individual attitudes of extended family members
	General or specific opinions and beliefs of extended family members about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.

e420	Individual attitude of friends
	General or specific opinions and beliefs of friends about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e425	Individual attitudes of acquaintances, peers, colleagues, neighbours and community members
	General or specific opinions and beliefs of acquaintances, peers, colleagues, neighbours and community members about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e430	Individual attitudes of people in position of authority
	General or specific opinions and beliefs of people in positions of authority about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e440	Individual attitudes of personal care providers and personal assistants
	General or specific opinions and beliefs of personal care providers and personal assistants about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e450	Individual attitudes of health professionals
	General or specific opinions and beliefs of health professionals about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e455	Individual attitude of health-related professionals
	General or specific opinions and beliefs of health-related professionals about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e460	Societal attitudes
	General or specific opinions and beliefs generally held by people of a culture, society, subcultural or other social group about other individuals or about other social, political and economic issues that influence group or individual behaviour and actions.
e465	Social norms, practices and ideologies
	Customs, practices, rules and abstract systems of values and normative beliefs (e.g. ideologies, normative world views and moral philosophies) that arise within social contexts and that affect or create societal and individual practices and behaviours, such as social norms of moral and religious behaviour or etiquette; religious doctrine and resulting norms and practices; norms governing rituals or social gatherings.
e525	Housing services, systems and policies
	Services, systems and policies for the provision of shelters, dwellings or lodging for people.
e570	Social security services, systems and policies
	Services, systems and policies aimed at providing income support to people who because of age, poverty, unemployment, health condition or disability require public assistance that is funded either by general tax revenues or contributory schemes. <i>Exclusion: economic services, systems and policies (e565)</i>
e575	General social support services, systems and policies
	Services, systems and policies aimed at providing support to those requiring assistance in areas such as shopping, housework, transport, self-care and care of others in order to function more fully in society. <i>Exclusions: personal care providers and personal assistants (e340); social security services, systems and policies (e570); health services, systems and policies (e580)</i>
e580	Health services, systems and policies
	Services, systems and policies for preventing and treating health problems, providing medical rehabilitation and promoting a healthy lifestyle. <i>Exclusion: general social support services, systems and policies (e575)</i>
e590	Labour and employment services, systems and policies
	Services, systems and policies related to finding suitable work for persons who are unemployed or looking for different work, or to support individuals already employed who are seeking promotion. <i>Exclusion: economic services, systems and policies (e565)</i>